THE ALLISON SPA: we have your back. literally. we can massage it, soak it, leave it as soft as a baby’s - well, you know. until you feel ready for anything! or perhaps a nap. definitely a nap.
massage.

If you are anything like us, you won’t want your treatments to end. They must, of course, but to soften the blow, we conclude each massage by applying warm foot towels designed to make the moment last, just a moment longer.

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MIMOSA
ALLISON SIGNATURE TREATMENT
A soothing massage using champagne oil will leave your skin so silky. You’ll also indulge in our signature non-alcoholic mimosa beverage. It’s okay, indulgences here are considered therapeutic.

60 minutes $140  90 minutes $190

DECOMPRESS
Used as a Thai remedy for over 400 years, steamed herbal compresses are one of the most beneficial treatments available. This treatment offers deep relaxation, stress relief and body alignment with a perfect balance of compressing and traditional hand massage technique. Includes a take-home herbal compression ball.

45 minutes $95

ESSENTIAL
Select the bodywork techniques that best fit your needs: Swedish – using long, fluid strokes, or therapeutic – a deeper healing massage with firm pressure which targets tight muscle groups.

60 minutes $135  90 minutes $185

JOINT AND MUSCLE RESCUE
Let the healing properties of Arnica revive stressed muscles and joints. The ingredients of this massage eases discomfort and soothes inflammation.

60 minutes $140  90 minutes $190

HERBAL INFUSION
Essential oils and healing herbs combined with a series of steamed towels and heatpacks create this deeply relaxing massage with your choice of aromatherapy blends.

60 minutes $140  90 minutes $190

SINUS THERAPY
Let us bring relief to your sinus discomfort using natural remedies such as acupression massage, aromatherapy compresses and lymph drainage.

30 minutes $50

REFLEXOLOGY RELIEF
Enjoy the endless benefits of this pressure therapy service for your feet and hands.

30 minutes $55
**SENSORY BLISS**
A light massage which releases tension and stimulates all sensorial ends of the body. Ideal for relieving stress.
Dedicated areas of focus: scalp, neck, shoulders, feet and hands.
30 minutes $65

**FOCUS ‘ADD-ON’**
Low back, feet or legs need some extra love?
Add 15 minutes of specific massage focus to any achy area.
(Not offered with Mother-To-Be or 90min services.)
15 minutes $30

**WARM STONE**
Warmed and combined with essential oils, smooth stones penetrate heat deep into muscles, restoring and soothing your body for an enhanced sense of well-being.
75 minutes $165

**IN HARMONY**
If, as the old saying says, two hands are better than one, then surely four hands are better than two. You’ll see as four skilled hands sweep your body in synchronized movement, delivering the ultimate massage experience.
60 minutes $185

**TOGETHER**
Two tables – two therapists – one incredible experience for you and your companion. Skillfully delivered side-by-side, these essential massages enhances your ability to connect, perhaps because your state of relaxation is so complete.
60 minutes $270  90 minutes $370

**MOTHER-TO-BE**
Our prenatal massage pampers the mother-to-be, promoting deep breathing, and relieving discomforts associated with pregnancy.
Available for second and third trimester only.
60 minutes $135

**IN-ROOM FIRESIDE**
Release tensions with our essential massage performed in the glow of a relaxing fire in the warmth and privacy of your own room.
60 minutes $175  90 minutes $245
In-room service pricing includes 18% gratuity.

*Menu and pricing subject to change to ensure standards and service.*
facials.

**THE ALLISON SPA**: relax, even doze, while we infuse your face and décolleté with proper nourishment until you glow with health, eyes sparkling, cheeks pink with your own natural blush.
facials.
You can tell when someone has had our thermal soy paraffin treatment for their hands. You can see it on their face. This smile-inducing treat accompanies any 90 minute facial, with our compliments. Feel the warmth?

ALL 90 MINUTE FACIALS INCLUDE EXTRACTIONS

NEW - LIGHT THERAPY
ADD-ON FOR ANY FACIAL BELOW. UV-FREE, NON-INVASIVE, NON-INFLAMMATORY.
Just like plants, our skin and body tissues have the ability to absorb light and convert it into energy. Add 15 minutes to any facial and receive these extra skin benefits: reduction of fine lines, age spots, sun damage, acne bacteria and overall redness. Increase of collagen and new tissue growth. Choice of hand or scalp massage while you relax under these safe and effective LED light energies. See enhancements.

DIVINE WINE FACIAL
ALLISON SIGNATURE TREATMENT
Missing that youthful glow? Surrender to the natural brightening and firming benefits of wine grapes. You’ll enjoy a nourishing honey and wine masque, radiance boosting serum, and a grapeseed moisturizer. A signature non-alcoholic mimosa beverage will complete your experience.
60 minutes $145  90 minutes $185

NORTHWEST ELEMENTS
Let our local elements bring vitality to the skin and support its natural detoxification process. To relieve tension and bring harmony back to the skin, smooth flowing stone massage will travel throughout the neck, shoulders, and facial pressure points.
60 minutes $150  90 minutes $190

HERBAL INFUSION
This anti-aging facial is designed to stimulate collagen, elastin production, and reduce harmful effects of inflammation. Enriched with antioxidants and essential vitamins, this facial will instantly smooth and firm skin, creating a youthful surface.
60 minutes $150  90 minutes $190

CUSTOM HYDRATION
Personalized facial just for your skin type: dry, congested, sun-damaged, oily or rosacea-prone. Sweep away impurities and deeply hydrate to re-energize your skin.
60 minutes $140  90 minutes $180
PETITE
Only time is compromised, not the essential needs of skin care. Includes cleanser, exfoliation and hydrating facial massage.
45 minutes $110

GENTLEMEN’S
This service focuses on specific needs for a man’s face and emphasizes tension relief for the neck and jaw. Loaded with Oregon based indigenous ingredients and includes hand, foot, and scalp massage.
60 minutes $120

enhancements.

30 MINUTES OF FACIAL TIME REQUIRED TO BOOK

EXTRACTIONS
For those stubborn impurities. Add to any 45 or 60min facial. ALL 90 MINUTE FACIALS INCLUDE EXTRACTIONS
15 minutes $15

LED LIGHT THERAPY ADD-ON
15 minutes $20

30 MINUTE LED LIGHT THERAPY TREATMENT
Treat conditions and tackle aging on a deeper level. While you relax under the healing lights of choice, enjoy a hand soyaffin treatment and a Moroccan Oil scalp massage.
30 minutes $55

LASH OR BROW TINT
A darkening service to frame the eyes and face. So natural. So lovely.
Brow - 15 minutes $20  Lashes - 30 minutes $25

DÉCOLLETTÉ TREATMENT
An often neglected area, this treatment will firm, hydrate and smooth the décolleté. Includes collagen mask and exfoliant.
$25

Menu and pricing subject to change to ensure standards and service.
body treatments.

THE ALLISON SPA: infused sugar scrub, warming wraps, shea butter hydration, hot towels, scalp treatments, massage. you may find yourself speaking only in short moans for awhile; it’s completely natural.
body treatments.

Proven to be beneficial, these treatments with their anti-oxidants, anti-aches & pains, anti-dehydrated skin and anti-stress, offer pro-exfoliation, offer hydration and purifying results.

Feeling better already? Us, too.

GRAPES OF RAGE
ALLISON SIGNATURE TREATMENT
Begin with a crushed grape seed scrub and an organic honey & wine wrap to purify and exfoliate the skin, followed by a shea butter hydration body massage. Complete with hot towel applications, scalp massage and signature beverage.

90 minutes $190

DEEP FOREST ESCAPE
Experience the essence of the Pacific Northwest and immerse your body in our rich pine, juniper and bergamot body oils, combined with a series of warm steamed towels and light massage techniques.

Continue the relaxation at home with our gift to you - a travel-size Northwest scented candle.

45 minutes $95

AGE DEFYING BODY TREATMENT
Designed to create firm, even skin tone - this full body treatment begins with a pomegranate extract lactic acid peel, followed by a hydrating masque and wrap designed to infuse elastin and collagen into the skin.

A warm rain Vichy shower experience adds a light massage before an age defying body emulsion is applied as the final touch.

90 minutes $185

HOT OIL HERBAL WRAPSODY
Intensely hydrating treatment with therapeutic oils blended to relieve tired and stressed muscles, leaving your body relaxed and nourished.

This detoxifying herbal oil body wrap is complimented with a bouquet of relaxation light massage techniques.

60 minutes $140 90 minutes $185
MOROCCAN OIL BODY RITUAL
This warm getaway will pamper you with a body dry brush exfoliation, intense hydrating Argan and Vitamin E body treatment, orange peel buff for hands and feet, relaxing hot stones, light massage for the neck and shoulders, and as if that wasn’t enough pampering... we’ll conclude with a warm scalp treatment and hair mask. Aauhhhh.
75 minutes $165

NORTHWEST ELEMENTS BODY POLISH
Fresh garden aromas of the Northwest fill the room while your skin is polished and softened with hydrating body scrub, followed by a 20 minute light massage.
60 minutes $145

MUD AND GUAC MASK
How does something so muddy make your skin feel and look so much healthier? Naturally, our Dead Sea mud helps purify and cleanse the skin, but it does so much more: reduces water retention and minor cellulite, nourishes irritated or inflamed skin. We brush on the mud using heavenly strokes, and apply a moisture rich avocado butter mask as the finishing touch.
60 minutes $115

PURIFYING BACK TREATMENT
The hard to reach back area needs attention too! This back treatment includes hot towel application, exfoliation, purifying mask, and moisturizer.
30 minutes $55

STEAM THERAPY
Enjoy this unique personal steam tent experience while receiving detoxifying benefits for the entire body. Includes body exfoliation, ginger infused steamed towels, facial and scalp massage along with a Vichy shower rinse and moisture application.
75 minutes $160

Menu and pricing subject to change to ensure standards and service.
salon services.

**THE ALLISON SPA**: few of us were born natural beauties, but by the time you say goodbye to the allison salon, you may look as though you were. even better, if we have anything to say about it. and happily, we have!
makeup services.

Sometimes we just need a little help from our friends.

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MAKEUP APPLICATION
Learn techniques and textures used to create a flawless look.
Perfect for a special occasion or event.

60 minutes $65

EYES ONLY
Accentuate the eyes with a more dramatic look.

30 minutes $40
Add false lashes? Mention at time of booking.

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nail treatments.

We don’t think it’s fair that just your nails get to be pampered
with our eco-friendly nail care line, so we include a
complimentary soothing wrap for your neck or lower back.

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HEEL TREATMENT
Have healthy, beautiful heels year round. No extra time needed and may
be added to any pedicure. Non-aggressive and safe for diabetics.

$10

GARDEN MANICURE . GARDEN PEDICURE
Tired feet and hands soak in the healing properties of herbs and flowers.
Nails and cuticles are cleaned, shaped, moisturized and polished after your
skin is awakened with exfoliation and a foot and leg massage.

mani - 45 minutes $45 . pedi - 60 minutes $60

MIMOSA MANICURE . PINOT PEDICURE
Hands and feet are soothed and detoxified with an array of ingredients,
exfoliating scrub, and rehydration to fully refresh skin with gifts from the
vineyards. Enjoy our signature mimosa with your manicure or
Oregon pinot with your pedicure.

mani - 45 minutes $55 . pedi - 60 minutes $70

SWEET FEET PEDICURE
A sweet indulgence in more ways than one. This 45min pedicure offers
a decadent mix of dessert-like ingredients. Includes foot mask,
nail grooming, massage and you guessed it... a delicious treat made by a local chocolatier.

45 minutes $55
GENTLEMEN’S MANICURE . GENTLEMEN’S PEDICURE
A simply perfect combination of an essential oil soak, concentrated exfoliation and cuticle repair, followed by nail buff, oil application and soothing massage.

mani - 30 minutes $35 . pedi - 45 minutes $50

SHELLAC™ MANICURE
Looking for a polish that paints on like a glossy gel, dries in 2 minutes and wears for up to 14 days? Shellac Hybrid Nail Color is ideal for you. Service includes cuticle cleaning, shaping, and light hand massage.

45 minutes $55

SOAK, SCRUB & MASSAGE
As delightful as it sounds. Revive achy hands or feet with these simple steps.

30 minutes $40

WARM STONE PEDICURE
A sumptuous complete pedicure with the added benefits of a hot rock massage and essential oils for every inch of your feet and calves.

60 minutes $65

IN-ROOM FIRESIDE SERVICE
Few things are as luxurious as treatments that come to you. Enjoy your garden mani or pedi in the comfort of your own guest room.

mani - 30 minutes $60 . pedi - 45 minutes $75

POLISH CHANGE
15 minutes $15 - does not include nail grooming

FRENCH COLOR
Added to any nail treatment for a classic look.

15 minutes $10

SHELLAC™ POLISH REMOVAL OR ADD-ON
15 minutes $15

waxing.

Hair today. Gone tomorrow. Over time, repetitive waxing services can dramatically decrease hair growth in unwanted areas.

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<thead>
<tr>
<th></th>
<th>Brow Shape</th>
<th>Half Leg or Back</th>
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<tr>
<td>Lip or chin</td>
<td>15 minutes $15</td>
<td>20+ minutes $45</td>
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<tr>
<td>Full Face</td>
<td>20 minutes $30</td>
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<td>Underarm</td>
<td>30 minutes $45</td>
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<td>15 minutes $15</td>
<td>20 minutes $35</td>
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Menu and pricing subject to change to ensure standards and service.
hydrotherapy.

THE ALLISON SPA: water, the soothing, calming, healing elemental source of life. These intensely beneficial treatments feel pretty wonderful, too.
hydrotherapy.

This is where it all began. Explore how water therapies have been healing us for centuries.

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**CALMING BOTANICAL BATH**
Designed to soothe and moisturize, this hydrating milk bath with essential oils will relieve stresses as well as dry skin.
30 minutes $50

**NORTHWEST INFUSION BATH**
Step into Oregon’s deep forests and enjoy this therapeutic bath designed to balance and purify the body using pine and juniper oils.
30 minutes $50
Add magnesium flakes for achy muscle relief - just a $5 add-on.

**TRAVELERS’ ESCAPE**
**VICHY SHOWER TREATMENT**
This beautiful service combines classic hydrotherapy compresses with a massage designed to ease jet lag, aching muscles, abdominal distress and tension caused by traveling confinements.
60 minutes $135

**OREGON RAIN SHOWER**
**VICHY SHOWER TREATMENT**
Not the surprising ones that dampen spirits or ruin shoes. This head-to-toe rain therapy is a one-of-a-kind light massage experienced under a waterfall. Designed to promote a state of profound relaxation.
45 minutes $95

**CANDLELIGHT & ROSES**
May we draw your bath? We’ll prepare a luxury bath in the privacy of your own guest room, with essential oil, rose petals, candles, a single red rose and bubbles galore, before we slip away. You may order bubbles of another sort with our optional champagne and chocolate dessert tray.
$40

Menu and pricing subject to change to ensure standards and service.
packages.

THE ALLISON SPA: sometimes you feel a la carte, sometimes you don’t.
packages.

We’ve combined some sumptuous treatments into packages, ideal as gifts or for yourself. Prefer a custom assembled package? We’d love to help you with that too.

ALL PACKAGE PRICING INCLUDES GRATUITY.

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**DAY OF INDULGENCE**
90 minute classic essential massage, 60 minute custom facial and garden manicure or pedicure.

4 hours $410

**HEALTHY GLOW**
90 minute custom facial with lip, eye, hand, and décolleté treatment. Extend your glow with a take home moisturizer.

3.75 hours $275

**NORTHWEST EXPERIENCE**
30 minute northwest infusion bath, 45 minute deep forest escape and a 60 minute northwest elements facial. Includes take-home pine scented candle.

2.5 hours $320

**MOTHER-TO-BE**
60 minute prenatal massage, 60 minute custom facial and garden manicure or pedicure.

3 hours $335

**FEELING FIT**

for 1: personal training or yoga session, spa lunch and 60 minute joint and muscle rescue massage.

3 hours $255

for 2: couples training or yoga session, spa lunch for two and two 60 minute joint and muscle rescue massages.

3 hours $420
bridal packages.

Your oh so natural Bridal Glow inspired us to create some special treatments just for you.

ALL PACKAGE PRICING INCLUDES GRATUITY.

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BRIDAL BOUQUET
Recommended for day before your ceremony.
60 minute shea butter massage or custom facial, brow maintenance wax, garden manicure & pedicure and spa lunch.

4 hours $325

PICTURE PERFECT
Look and feel polished with trial makeup, wedding day makeup, manicure and pedicure.

$260

FOR THE GROOM
60 minute essential massage, gentleman’s manicure and pedicure.

2.5 hours $235

EVER-AFTER
Two 60 minute hot oil wrapsody treatments, 60 minute couples massage, choice of garden manicure or pedicure for each, spa lunch for two complete with chocolate truffles and champagne.

4 hours $750

Menu and pricing subject to change to ensure standards and service.
extra touches.

THE ALLISON SPA: we’re told our treatment specialists seem to have extra fingers, extra hands and an extraordinary way with muscles. those extras are standard. these extras? these are the ones you will love.
extra touches.

*Designed to enhance an add to any body therapy.*

**AROMATHERAPY ESSENTIAL OILS**
Add the essence of flowers and plants to enhance the effects of any service: eucalyptus, lavender, lemongrass, peppermint, bergamot or cypress.
*complimentary*

**MOROCCAN OIL**
Heavenly argan oils nourish your hair as we stroke your tensions away with a scalp massage.
*15 minutes $25*

**SHEA BUTTER**
Pure shea butter nourishes the skin with Vitamins A, E & F, offering the Spa’s deepest level of skin hydration and most luxurious feel.
*massage upgrade $10*

**BODY POLISH**
Drench and soften your skin to the fullest with a hydrating body polish.
A wonderful add-on to body treatments.
*30 minutes $50*

**THERMAL HAND SOYAFFIN**
Pamper your paws with these warm soy paraffin mitts.
*$20*

**STEAM THERAPY**
Relax and purify in your private canopy of steam. You’ll receive 15 minutes of heavenly scalp and facial massage while your body detoxifies.
*20 minutes $30*

**HEALING WATERS**

**SWISS OR VICHI SHOWER TREATMENT**
Enjoy the sensation of multiple shower heads massaging the body with warm water therapy. Booked as Vichy unless Swiss is requested.
*15 minutes $25*

**WARM STONES**
Experience the sensuality of a warm stone treatment with six smooth stones penetrating heat into deep muscle tissue.
*$20*

*Menu and pricing subject to change to ensure standards and service.*
let go.

THE ALLISON SPA:  2525 allison lane, newberg, or. 97132
  503.554.2524 theallison.com