

THE ALLISON SPA – TREATMENT MENU

FEATURED SERVICE OFFERINGS

NEW! NEXT LEVEL SKINCARE – HYDRAFACIAL TREATMENTS

A HydraFacial is a unique process that takes a traditional facial to the next level, combining a gentle form of hydra-dermabrasion techniques for longer lasting results. HydraFacial can help restore dull, blemished and dry skin types while providing remarkable anti-aging effects after just one treatment.

[See our HydraFacial web page for more details.](#)

All three options are good for ALL skin types and offer the following: a deep cleanse, exfoliation, gentle resurfacing and painless extractions. Each service brightens and heavily hydrates the skin with rich antioxidants and peptides. * Ask us about our Hydrafacial packages *

SIGNATURE HYDRAFACIAL

This 30min power packed facial will leave your skin deeply cleansed and nourished. **30MIN \$195**

RESTORATIVE HYDRAFACIAL

In addition to all of the benefits of our Signature HydraFacial, the Restorative option will also include blue/red LED therapy and relaxing hand & scalp massage. **45MIN \$225**

PERSONALIZED HYDRAFACIAL

Maximize your glow! Our Personalized option will include all of the above in addition to addressing your personal skincare needs with medical-grade ingredients to boost your results to new level.

45MIN \$265

LYMPHATIC THERAPY (HYDRAFACIAL)

A patented lymphatic device with high pressure suction to manually massage and drain toxins from your lymph nodes. Instant results are quite amazing! Reduce inflammation, tone and firm the facial skin in less than 15 minutes!

15MIN ADD-ON \$35 * 30MIN LYMPHATIC DRAINAGE + LED LIGHT THERAPY \$60

ASSISTED STRETCH THERAPY

Many suffer from restricted motion, tight muscles and neck pain. Get relief with hands-on therapy as you're guided through a series of gentle stretches tailored to your body's needs. You'll benefit from a blend of therapeutic techniques and pressure to restore overall wellbeing, while invoking deep relaxation. Adjusted to your comfort level to make your session beneficial. Includes steamed towel compressions. **45MIN \$125**

MINDFUL MEDITATION

Whether you are brand new to meditation or looking to deepen your current practice, this nurturing session will offer the essentials to help you reconnect to your innate wholeness. Learn simple breathing and mindfulness techniques to calm the nervous system, escape from stresses and focus on your own well-being and self-love.

45MIN \$110 / FOR TWO \$130 / INQUIRE ABOUT GROUP OPTIONS AND SALT ROOM (\$20) UPGRADE

SKY SUITE LOUNGE (MASSAGE OPTIONAL) - [PHOTO AVAILABLE ON WEBSITE GALLERY](#)

Our private Sky Suite offers a relaxing atmosphere where you can connect with friends and loved ones. This lounge with outdoor terrace may be rented by the hour before or after your spa services. Accommodates up to six guests and includes one bottle of sparkling wine.

\$100 PER HOUR

2 HOUR RENTAL WITH COUPLES 60MIN MASSAGES AND BOTTLE OF WINE \$420

HIMALAYAN SALT THERAPY

Unwind and breathe easy in our new Himalayan Salt Room. Salt therapy ("Halotherapy") can provide relief from respiratory issues and skin conditions, boost the immune system and improve your overall sense of well-being. Enjoy private relaxation time to soak up the healing benefits, or add a hand & scalp massage.

INCLUDES STEAM AND SAUNA ACCESS * [PHOTO AVAILABLE ON WEBSITE GALLERY](#)

**TOUCH-FREE 25MIN SESSION \$50 (FOR 2: \$70) 25MIN SESSION WITH MASSAGE \$65 PER GUEST
WHEN ADDED TO ANY ADDITIONAL SPA TREATMENTS: \$35 TOUCH-FREE / \$50 WITH MASSAGE**

MASSAGE

THE ESSENTIAL 60 MINUTES \$145

Most requested service! A combination of Swedish - long, fluid strokes, and therapeutic - a deeper healing massage with firm pressure. You customize.

JOINT & MUSCLE RESCUE 60 MINUTES \$150

Let the healing properties of Arnica revive stressed muscles and joints. The ingredients of this massage eases discomfort and soothes inflammation.

MIMOSA 60 MINUTES \$160

A soothing massage using champagne oil will leave your skin so silky. You will also enjoy a house mimosa beverage before or after your treatment.

HERBAL INFUSION 60 MINUTES \$150

Essential oils and healing herbs combined with a series of steamed towels and heat packs create this deeply relaxing massage with your choice of aromatherapy blends.

TOGETHER MASSAGE 60 MINUTES \$290

Two tables - two therapists - one incredible experience for you and your companion. These Essential Massages enhance your ability to connect, perhaps because your state of relaxation is so complete.

DECOMPRESS 45 MINUTES \$125

Used as a Thai remedy for over 400 years, steamed herbal compresses are one of the most beneficial treatments available. Offers deep relaxation, stress relief and body alignment with a perfect balance of compressing & traditional hand massage technique. Includes a take-home herbal compression ball.

MOTHER-TO-BE 60 MINUTES \$145

Our prenatal massage pampers the mother-to-be, promoting deep breathing, and relieving discomforts associated with pregnancy. Available for second and third trimester only.

WARM STONE LEG & FOOT 30 MINUTES \$65

Calm your stresses with an alternative massage just for tired feet and lower legs. A series of warm stones and towels will be kneaded into the muscles, leaving your feet and legs feeling refreshed.

REFLEXOLOGY RELIEF 30 MINUTES \$60

Enjoy the endless benefits of this 'pressure therapy' service for your feet and hands.

15MIN FOCUS ADD-ON 15 MINUTES \$35

Low back, feet or legs need some extra love? Add 15min of specific massage focus to any achy area.

*** SENSORY BLISS – 30 MINUTE MASSAGE AVAILABLE – SEE BODY TREATMENTS ***

MASSAGE ADD-ONS:

SHEA BUTTER: \$20* THERMAL HAND SOYAFFIN: \$25* WARM STONES: \$20*

MOROCCAN OIL: HEAVENLY ARGAN OILS NOURISH YOUR HAIR AS WE
STROKE YOUR TENSIONS AWAY WITH A SCALP MASSAGE. 15 MINUTES \$25

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FACIALS

LED add-on for any facial - uv-free, non-invasive, non-inflammatory. Add 15 minutes to any facial and receive these extra benefits: reduction of fine lines, age spots, sun damage, acne bacteria and overall redness. Increase of collagen and new tissue growth. Choice of hand or scalp massage while you relax under these safe and effective LED light energies. [SEE ENHANCEMENTS.](#)

DIVINE WINE 60 MINUTES \$155

Missing that youthful glow? Surrender to the natural brightening and firming benefits of wine grapes. You'll enjoy a nourishing honey and wine masque, radiance boosting serum, and a grapeseed moisturizer.

CUSTOM HYDRATION 60 MINUTES \$155

Personalized facial just for your skin type: dry, congested, sun-damaged, oily or rosacea-pron. Sweep away impurities and deeply hydrate to re-energize your skin.

HERBAL INFUSION 60 MINUTES \$160

This anti-aging facial is designed to stimulate collagen, elastin production, and reduce harmful effects of inflammation. Enriched with antioxidants and essential vitamins, this facial will instantly smooth and firm skin, creating a youthful surface.

NORTHWEST ELEMENTS 60 MINUTES \$160

Let our local elements bring vitality to the skin and support its natural detoxification process. To relieve tension and bring harmony back to the skin, smooth flowing stone massage will travel throughout the neck, shoulders, and facial pressure points.

GENTLEMAN'S 60 MINUTES \$145

This service focuses on specific needs for a man's face and emphasizes tension relief for the neck and jaw. Loaded with Oregon based indigenous ingredients and includes hand, foot, and scalp massage.

PETITE 45 MINUTES \$125

Only time is compromised, not the essential needs of skin care. Includes cleanser, exfoliation and hydrating facial massage.

30 MINUTE LED LIGHT THERAPY TREATMENT

30 MINUTES \$55

Treat conditions and tackle aging on a deeper level. While you relax under the healing lights of choice, enjoy a hand soyaffin treatment and a Moroccan Oil scalp massage.

**** BE SURE TO SEE OUR FEATURED HYDRAFACIAL AT TOP OF MENU! ****

FACIAL ENHANCEMENTS

* 45 minutes of facial time required to add enhancements. *

EXTRACTIONS: 15 MINUTES \$20

LED LIGHT THERAPY ADD-ON: 15 MINUTES \$25

DÉCOLLETÉ TREATMENT \$25

An often neglected area, this treatment will firm, hydrate and smooth the décolleté. Includes collagen mask and exfoliant. No extra time needed when incorporated into facial.

SOOTHING COLD GLOBES 15 MINUTES \$20

A relaxing and cooling experience to add to any facial. Reduces redness, enlarged pores, and under-eye puffiness.

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WAXING

Hair today. Gone tomorrow. Over time, repetitive waxing services can dramatically decrease hair growth in unwanted areas.

BROW SHAPE 20 MINUTES: \$40

BROW MAINTENANCE 15 MINUTES: \$30

LIP, CHIN OR CHEEKS 15 MINUTES: \$25 EACH AREA

HALF LEG OR BACK 25 MINUTES: \$50

FULL LEG OR BACK 40 MINUTES: \$75

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BODY TREATMENTS

SENSORY BLISS 30 MINUTES \$75

Light massage & hot stone therapy which releases tension, promotes circulation and stimulates all sensorial ends of the body. Ideal for relieving stress. Dedicated areas of focus: scalp, neck, shoulders, feet and hands. *This service is performed face up and does not include deep tissue massage.*

DEEP FOREST ESCAPE 45 MINUTES \$115

Experience the essence of the Pacific Northwest and immerse your body in our rich pine, juniper and bergamot body oils, combined with a series of warm steamed towels and light massage techniques. Continue the relaxation at home with our gift to you - a travel-size Northwest scented candle.

MOROCCAN OIL BODY RITUAL 75 MINUTES \$165

This warm getaway will pamper you with a body dry brush exfoliation, intense hydrating Argan and Vitamin E body treatment, orange peel buff for hands and feet, relaxing hot stones, light massage for the neck and shoulders, and as if that wasn't enough pampering... we'll conclude with a warm scalp treatment and hair mask. Aauhhhh.

NORTHWEST ELEMENTS BODY POLISH 60 MINUTES \$145

Fresh garden aromas of the Northwest fill the room while your skin is polished and softened with hydrating body scrub, followed by a 20-minute light massage. Seasonal ingredients.

PURIFYING BACK TREATMENT 30 MINUTES \$55

The hard to reach back area needs attention too! This back treatment includes hot towel application, exfoliation, purifying mask, and moisturizer. extra touches.

HOT OIL HERBAL WRAPSODY 60 MINUTES \$150

Intensely hydrating treatment with therapeutic oils blended to relieve tired and stressed muscles, leaving your body relaxed and nourished. This detoxifying herbal oil body wrap is complimented with a bouquet of relaxation light massage techniques.

MUD AND GUAC MASK 60 MINUTES \$140

Our Dead Sea mud helps purify and cleanse the skin, reduces water retention & minor cellulite, along with nourishing irritated or inflamed skin. We brush on mud using heavenly strokes, and apply a moisture rich avocado butter mask as the finishing touch.

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HYDROTHERAPY

TRANQUIL BATH SOAKS (TWO OPTIONS)

30 MINUTES \$55

Calming Botanical – hydrating milk bath with warm essential oils, promoting relief of stress and dry skin.

Northwest Infusion – therapeutic bath with Oregon forest aromas, designed to balance and purify.

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SALON

Mani's and Pedi's - - At time of booking, please advise if you already have shellac or gel polish and will need extra time for removal. Thank you!

GARDEN MANICURE 45 MINUTES \$50

GARDEN PEDICURE 60 MINUTES \$65

Nails and cuticles are cleaned, shaped, moisturized and polished after your skin is awakened with exfoliation and a foot and leg massage.

MIMOSA MANICURE 45 MINUTES \$60

PINOT PEDICURE 60 MINUTES \$75

Hands and feet are soothed and detoxified with an array of ingredients, exfoliating scrub, and rehydration to fully refresh skin with gifts from the vineyards.

GENTLEMAN'S MANICURE 30 MINUTES \$40

GENTLEMAN'S PEDICURE 45 MINUTES \$55

A simply perfect combination of an essential oil soak, concentrated exfoliation and cuticle repair, followed by nail buff, oil application and soothing massage.

SWEET FEET PEDICURE 45 MINUTES \$60

A sweet indulgence in more ways than one offering a decadent mix of dessert-like ingredients. Includes foot & leg mask, nail grooming, massage a delicious treat made by a local chocolatier.

SHELLAC MANICURE 45 MINUTES \$60

Looking for a polish that paints on like glossy gel, dries in 2 minutes and wears for up to 14 days? Shellac Hybrid Nail Color is for you. Service includes cuticle cleaning, shaping, and hand massage.

SOAK, SCRUB & MASSAGE 30 MINUTES \$45

As delightful as it sounds. Revive dull, achy feet with these three simple steps.

POLISH CHANGE: 15 MINUTES \$25 (does not include nail grooming)

WARM STONE ADD-ON FOR PEDI'S: 15 MINUTES \$20

HEEL TREATMENT: \$10

Have healthy, beautiful heels year round. No extra time needed and may be added to any pedicure. Highly effective products used, yet non-aggressive and safe for diabetics.

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YOGA

PRIVATE SESSION - \$80 FOR 1 / \$100 FOR 2

Inquire for group options. Private sessions and group classes may take place in our exclusive Sky Suite lounge or in one of our beautiful outdoor garden settings (seasonal).

Advanced reservations required.

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INFINITY EDGE POOL EXPERIENCE 2HRS \$100

In need of some water therapy to sooth the soul? Revive muscles in our whirlpool, take a swim or just relax poolside with a good book. Your two hour experience includes one beverage of choice from our Spa Café menu. Available Monday – Friday, limited number of passes available, based on occupancy.

Advanced reservations recommended. Use of Spa amenities require spa appointment.

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SPA CAFÉ

Available prior or after spa services. 48hr preorder and advanced reservations required.

Menu available on website: [spa/revitalize](https://www.spa/revitalize)

** All check-in times are 15-30min prior to service start time.*

** Overnight guests are encouraged to arrive in hotel-provided robes.*

** Cancellation policy: within 48hrs – 50% charge / within 24hrs – full charge.*

** Menu selection and pricing subject to change.*

** 90min options are not being offered at this time.*

** * A 3% service charge will be applied to most services.*