



massage.

THE ALLISON SPA: we have your back. literally. we can massage it, soak it, leave it as soft as a baby's - well, you know. until you feel ready for anything! or perhaps a nap. definitely a nap.



massage.

If you are anything like us, you won't want your treatments to end. They must, of course, but to soften the blow, we conclude each massage by applying warm foot towels designed to make the moment last, just a moment longer.

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MIMOSA

ALLISON SIGNATURE TREATMENT

A soothing massage using champagne oil will leave your skin so silky. You'll also indulge in our signature non-alcoholic mimosa beverage. It's okay, indulgences here are considered therapeutic.

60 minutes \$130 90 minutes \$185

HERBAL INFUSION

Essential oils and healing herbs combined with a series of steamed towels and heat packs create this deeply relaxing massage with your choice of aromatherapy blends.

60 minutes \$130 90 minutes \$185

ESSENTIAL

Select the bodywork techniques that best fit your needs: Swedish – using long, fluid strokes, or therapeutic – a deeper healing massage with firm pressure which targets tight muscle groups.

60 minutes \$125 90 minutes \$180

JOINT AND MUSCLE RESCUE

Let the healing properties of Arnica revive stressed muscles and joints. The ingredients of this massage eases discomfort and soothes inflammation.

60 minutes \$130 90 minutes \$185

SENSORY BLISS

A light massage which releases tension, promotes circulation and stimulates all sensorial ends of the body. Ideal for relieving stress. Dedicated areas of focus: scalp, neck, shoulders, feet and hands.

30 minutes \$65

REFLEXOLOGY RELIEF

Enjoy the endless benefits of this 'pressure therapy' service for your feet and hands.

30 minutes \$50

FOCUS 'ADD-ON'

Low back, feet or legs need some extra love? Add 15minutes of specific massage focus to any achy area. (Not offered with Mother-To-Be or 90min services.)

15 minutes \$30

SINUS THERAPY

Let us bring relief to your sinus discomfort using natural remedies such as acupressure massage, aromatherapy compresses and lymph drainage.

30 minutes \$50

WARM STONE

Warmed and combined with essential oils, smooth stones penetrate heat deep into muscles, restoring and soothing your body for an enhanced sense of well-being.

75 minutes \$160

IN HARMONY

If, as the old saying says, two hands are better than one, then surely four hands are better than two. You'll see as four skilled hands sweep your body in synchronized movement, delivering the ultimate massage experience.

60 minutes \$180

TOGETHER

Two tables – two therapists – one incredible experience for you and your companion. Skillfully delivered side-by-side, these essential massages enhance your ability to connect, perhaps because your state of relaxations is so complete.

60 minutes \$250 90 minutes \$360

MOTHER-TO-BE

Our prenatal massage pampers the mother-to-be, promoting deep breathing, and relieving discomforts associated with pregnancy.

Available for second and third trimester only.

60 minutes \$125

IN-ROOM FIRESIDE

Release tensions with our essential massage performed in the glow of a relaxing fire in the warmth and privacy of your own room.

60 minutes \$165 90 minutes \$235

** In-Room service pricing includes 18% gratuity.*



facials.

THE ALLISON SPA: relax, even doze, while we infuse your face and décolleté with proper nourishment until you glow with health, eyes sparkling, cheeks pink with your own natural blush.



facials.

You can tell when someone has had our thermal soy paraffin treatment for their hands. You can see it on their face. This smile-inducing treat accompanies any 90 minute facial, with our compliments. Feel the warmth?

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All 90 minute facials include extractions

DIVINE WINE

ALLISON SIGNATURE TREATMENT

Missing that youthful glow? Surrender to the natural brightening and firming benefits of wine grapes. You'll enjoy a nourishing honey and wine mask, radiance-boosting serum, and a grapeseed moisturizer. A signature non-alcoholic mimosa beverage will complete your experience.

60 minutes \$135 90 minutes \$175

NORTHWEST ELEMENTS

Let our local elements bring vitality to the skin and support its natural detoxification process. To relieve tension and bring harmony back to the skin, smooth flowing stone massage will travel throughout the neck, shoulders, and facial pressure points.

60 minutes \$140 90 minutes \$180

HERBAL INFUSION

This anti-aging facial is designed to stimulate collagen, elastin production, and reduce harmful affects of inflammation.

Enriched with antioxidants and essential vitamins, this facial will instantly sooth and firm the skin, creating a youthful surface.

60 minutes \$140 90 minutes \$180

CUSTOM HYDRATION

Personalized facial just for your skin type: dry, congested, sun-damaged, oily or rosacea-prone. Sweep away impurities and deeply hydrate to re-energize your skin.

60 minutes \$130 90 minutes \$170

PETITE

Only time is compromised, not the essential needs of skin care. Includes cleanser, exfoliation and hydrating facial massage.

45 minutes \$95

GENTLEMAN'S

This service focuses on specific needs for a man's face and emphasizes tension relief for the neck and jaw. Loaded with Oregon based indigenous ingredients and includes hand, foot, and scalp massage.

60 minutes \$110

enhancements.

Nothing over-the-top, simply treatments for the small problems that drive you wild, and others pretend not to see.

We know how it is. These can help.

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30 minutes of service time required to book without facial

LIP TREATMENT

This rich and nourishing lip treatment is a luxurious additon to any facial.

\$15

LASH OR BROW TINT

A darkening service to frame the eyes and face. So natural. So lovely.

Brow - 15 minutes \$20 Lashes - 30min \$25

EXTRACTIONS

For those stubborn impurities.

\$15

PEPTIDE EYE PADS

Suppress fine lines, dark circles & puffiness.

\$15

DECOLLETTE TREATMENT

An often neglected area, this treatment will firm, hydrate and smooth the decollete. Includes collagen mask and exfoliant.

\$25



body treatments.

THE ALLISON SPA: Infused sugar scrub, warming wraps, shea butter hydration, hot towels, scalp treatments, massage. you may find yourself speaking only in short moans for awhile; it's completely natural.



body treatments.

Proven to be beneficial, these treatments with their anti-oxidants, anti-aches & pains, anti-dehydrated skin and anti-stress, offer pro-exfoliation, offer hydration and purifying results. Feeling better already? Us, too.

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GRAPE SEED CURE

ALLISON SIGNATURE TREATMENT

Begin with a crushed grape seed scrub and an organic honey & wine wrap to purify and exfoliate the skin, followed by a shea butter hydration body massage. Complete with hot towel applications, scalp massage and signature beverage.

90 minutes \$185

HOT OIL HERBAL WRAPSODY

Intensely hydrating treatment with therapeutic oils blended to relieve tired and stressed muscles, leaving your body relaxed and nourished. This detoxifying herbal oil body wrap is complimented with a bouquet of relaxation massage techniques.

60 minutes \$140 90 minutes \$185

AGE DEFYING BODY TREATMENT

Designed to create firm, even skin tone - this full body treatment begins with a fruit extract lactic acid peel, followed by a hydrating masque and wrap designed to infuse elastin and collagen into the skin. A warm rain Vichy shower experience adds a light massage before an age defying body emulsion is applied as the final touch.

90 minutes \$185

STEAM THERAPY

Enjoy this unique personal steam tent experience while receiving detoxifying benefits for the entire body. Includes body exfoliation, facial and scalp massage along with a Vichy shower rinse and moisture application.

75 minutes \$160

MOROCCAN OIL BODY RITUAL

This warm getaway will pamper you with a body dry brush exfoliation, intense hydrating Argan and Vitamin E body treatment, orange peel buff for hands and feet, relaxing hot stones, light massage - and as if that wasn't enough pampering... we'll conclude with a warm scalp treatment and hair mask. Aauhhhh.

75 minutes \$165

DIFFERENT KIND OF PEEL

A dry brush exfoliating treatment to smooth the skin using mitts and loofas. Each exfoliating stroke stimulates lymph flow and helps control cellulite. While your neck and feet are wrapped in aromatic warm towels, let us 'peel' away dry skin to create a revived, silky surface.

Booked as an 'add-on' service only 30 minutes \$50

NORTHWEST ELEMENTS BODY POLISH

Fresh garden aromas of the Northwest fill the room while your skin is polished and softened with hydrating body scrub, followed by a 20 minute light massage. Seasonal ingredients.

60 minutes \$140

MUD AND GUAC MASK

How does something so muddy make your skin feel and look so much healthier? Naturally, our Dead Sea mud helps purify and cleanse the skin, but it does so much more: reduces water retention and minor cellulite, nourishes irritated or inflamed skin. We brush on the mud using heavenly strokes, and apply a moisture rich avocado butter mask as the finishing touch.

60 minutes \$110

PURIFYING BACK TREATMENT

The hard to reach back area needs attention too! This back treatment includes hot towel application, exfoliation, purifying mask, and moisturizer.

30 minutes \$50



salon services.

THE ALLISON SPA: few of us were born natural beauties, but by the time you say goodbye to the allison salon, you may look as though you were. even better, if we have anything to say about it. and happily, we have!



makeup services.

Sometimes we just need a little help from our friends.

MAKE UP APPLICATION

This appointment may be used as a lesson or full makeup application. Learn techniques and textures used to create a flawless look.

Perfect for a special occasion or event.

60 minutes \$65

EYES ONLY

Accentuate the eyes with a more dramatic look. Add false lashes? Mention at time of booking.

30 minutes \$40

waxing.

Hair today. Gone tomorrow.

<i>Lip or Chin</i>	<i>15 minutes</i>	<i>\$15</i>
<i>Brow Shape</i>	<i>20 minutes</i>	<i>\$30</i>
<i>Brow Maintenance</i>	<i>15 minutes</i>	<i>\$20</i>
<i>Bikini</i>	<i>20 minutes</i>	<i>\$35</i>
<i>Full Face</i>	<i>30 minutes</i>	<i>\$45</i>
<i>Half Leg or Back</i>	<i>20+ minutes</i>	<i>\$45+</i>
<i>Full Leg or Back</i>	<i>30 minutes</i>	<i>\$70</i>

nail treatments.

We don't think it's fair that just your nails get to be pampered with our eco-friendly nail care line, so we include a complimentary soothing wrap for your neck or lower back along with soy paraffin mitts for your paws.

GARDEN MANICURE • GARDEN PEDICURE

Tired feet and hands soak in the healing properties of herbs and flowers. Nails and cuticles are cleaned, shaped, moisturized and polished after your skin is awakened with exfoliation and a foot and leg massage.

mani - 45 minutes \$45 • pedi - 60 minutes \$60

MIMOSA MANICURE • PINOT PEDICURE

Hands and feet are soothed and detoxified with an array of ingredients, exfoliating scrub, and rehydration to fully refresh skin with gifts from the vineyards. Enjoy our signature mimosa with your manicure or Oregon pinot with your pedicure.

mani - 45 minutes \$55 • pedi - 60 minutes \$70

GENTLEMAN'S MANICURE • GENTLEMAN'S PEDICURE

A simply perfect combination of an essential oil soak, concentrated exfoliation and cuticle repair, followed by nail buff, oil application and soothing massage.

mani - 30 minutes \$35 • pedi - 45 minutes \$50

SHELLAC™ MANICURE

Looking for a polish that paints on like a glossy gel, dries in 2 minutes and wears for 14 days? Shellac Hybrid Nail Color is ideal for you.

Services includes cuticle cleaning, shaping, and light hand massage

45 minutes \$55

SOAK, SCRUB & MASSAGE

As delightful as it sounds. Revive dull, achey feet with these three simple steps.

30 minutes \$40

WARM STONE PEDICURE

A sumptuous complete pedicure with the added benefits of stone massage for feet and calves.

60 minutes \$65

IN-ROOM FIRESIDE SERVICE

Few things are as luxurious as treatments that come to you. Enjoy your garden mani or pedi in the comfort of your own guest room.

mani - 30 minutes \$50 • pedi - 45 minutes \$65

POLISH CHANGE

15 minutes \$15

FRENCH COLOR

Added to any nail treatment for a classic look.

15 minutes \$10

SHELLAC™ POLISH REMOVAL OR ADD-ON

15 minutes \$15

Menu and pricing subject to change to ensure standards and service.



hydrotherapy.

THE ALLISON SPA: water, the soothing, calming, healing elemental source of life. these intensely beneficial treatments feel pretty wonderful, too.



hydrotherapy.

This is where it all began. Explore how water therapies have been healing us for centuries.

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CALMING BOTANICAL BATH

Designed to soothe and moisturize, this hydrating milk bath with essential oils will relieve stresses as well as dry skin.

30 minutes \$50

NORTHWEST INFUSION BATH

Step into Oregon's deep forests and enjoy this therapeutic bath designed to balance and purify the body using pine and juniper oils.

30 minutes \$50

TRAVELERS' ESCAPE

VICHY SHOWER TREATMENT

This beautiful service combines classic hydrotherapy compresses with a massage designed to ease jet lag, aching muscles, abdominal distress and tension caused by traveling confinements.

60 minutes \$135

OREGON RAIN SHOWER

VICHY SHOWER TREATMENT

Not the surprising ones that dampen spirits or ruin shoes. This head-to-toe rain therapy is a one-of-a-kind light massage experienced under a waterfall. Designed to promote a state of profound relaxation.

45 minutes \$85

CANDLELIGHT & ROSES

May we draw your bath? We'll prepare a luxury bath in the privacy of your own guest room, with essential oil, rose petals, candles, a single red rose and bubbles galore, before we slip away. You may order bubbles of another sort with our optional champagne and chocolate dessert tray.

\$40+



packages.

*THE ALLISON SPA: sometimes you
feel a la carte, sometimes you don't.*



packages.

We've combined some sumptuous treatments into packages, ideal as gifts or for yourself. Prefer a custom assembled package? We'd love to help you with that too.

ALL PACKAGE PRICING INCLUDES GRATUITY.

DAY OF INDULGENCE

90 minute classic essential massage, 60 minute custom facial and garden manicure or pedicure.

4 hours \$395

HEALTHY GLOW

90 minute custom facial with lip, eye, hand, and décolleté treatment. Extend your glow with a take home moisturizer.

1.75 hours \$265

TOTAL REVIVAL

30 minute detoxifying soak and our signature grape seed cure body treatment.

2 hours \$250

MOTHER-TO-BE

60 minute prenatal massage, 60 minute custom facial and garden manicure or pedicure.

3 hours \$325

FEELING FIT

for 1: personal training or yoga session, spa lunch and 60 minute joint and muscle rescue massage.

3 hours \$245

for 2: couples training or yoga session, spa lunch and two 60 minute joint and muscle rescue massages.

3 hours \$420

bridal packages.

Your oh so natural Bridal Glow inspired us to create some special treatments just for you.

BRIDAL BOUQUET

Recommended for day before your ceremony.

60 minute shea butter massage or custom facial, brow maintenance wax, garden manicure & pedicure, spa lunch and nail polish touch-up on wedding day.

4 hours \$300

PICTURE PERFECT

Look and feel polished with trial makeup, wedding day makeup, manicure and pedicure.

\$255

FOR THE GROOM

60 minute essential massage, gentleman's manicure and pedicure.

2.5 hours \$175

EVER-AFTER

Two 60 minute Hot Oil Wrapsody treatments, 60 minute couples massage, choice of garden manicure or pedicure for each, spa lunch for two complete with chocolate truffles and a long stem rose for the new Mrs.

4 hours \$690