

# BRIDAL GUIDE

July/August 2017

bridalguide.com

## 701 WEDDING IDEAS

Beautiful Gowns  
Chic Receptions  
Dream Honeymoons

### CAN YOU 'FIRE' A BRIDESMAID?

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## & SUGAR HIGH!

Fantasy Cakes  
For the Sweetest Day

### TOP 10 QUESTIONS FOR YOUR VENDORS

### HELLO GORGEOUS!

The Prettiest  
New Hairstyles

### 50 PERSONAL TOUCHES

Plan a  
Day That's  
So You

### 15 CLEVER WAYS TO SAVE

(it's easier  
than you  
think!)



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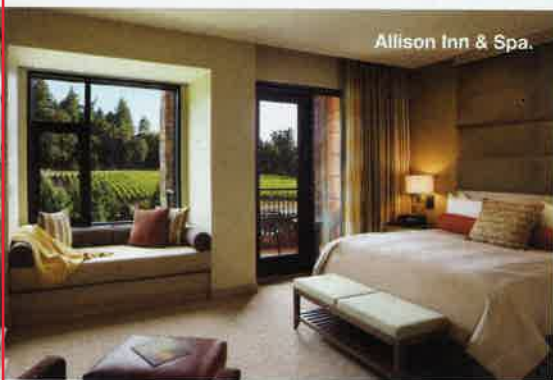


**CASA DE UCO  
VINEYARDS & WINE RESORT**

At the foothills of the towering Andes sits Argentina's picturesque Uco Valley region, renowned for its Malbec. Here grapes thrive thanks to more than 200 days of sunshine, a high elevation and a pristine water supply from the mountain range. The intimate spa at **Casa de Uco** also culls the bounty of the region to craft therapeutic rituals. Treatments and spaces such as the steam room and hydrotherapy baths feature spring water and minerals from the Andes. In addition to looking out onto the property's 790 acres of vineyards, the spa also showcases the region's calling card—red wine. The marquee vineyard-leaf exfoliating massage rejuvenates and heals skin, while the Adina bath revitalizes and energizes (room rates start at \$311 a night; [casadeuco.com](http://casadeuco.com)).

# Uncorked

Soak in the **healing properties** of wine with pampering vinotherapy treatments. by Jenna Mahoney



Allison Inn &amp; Spa.

**ALLISON INN & SPA**

Oregon's Willamette Valley is quickly becoming one of the country's most treasured wine regions. Home to nearly 500 wineries, the area, which is located just 45 minutes from Portland, is renowned for its pinot noir. In the heart of this red wine country is the 77-room **Allison Inn & Spa**. A stay here not only celebrates the epic surroundings of verdant rolling hills lined with

endless trellises of grape vines, but also whole-body wellness. Signature treatments at the 12-room spa are organic and showcase the nutrient-rich healing benefits of the red pinot grape (room rates start at \$420 a night; [theallison.com](http://theallison.com)).

**Lansdowne Resort & Spa,  
a Destination Hotel**

Channel your inner RHOBH and repose in a bath of chardonnay. OK, the treatments at this beautiful resort spa aren't exactly bubbling wine baths, but they are indulgent and feature the curative properties of the white grape and do come accompanied by a glass of the house Stone Tower Wild Boar wine. The signature chardonnay massage utilizes the grapes's antioxidants and B vitamins to rejuvenate skin. The wrap experience includes a dry-brushing to stimulate lymphatic drainage and an application of humectant shea butter with chardonnay extract. Located in Leesburg, Virginia on the mighty Potomac River, the picturesque property also includes a comprehensive golf program, hiking and biking trails, award-winning cuisine and 296 guest accommodations (room rates start at \$269 a night; [destinationhotels.com](http://destinationhotels.com)).



A soothing massage sends stress packing.



Meadowood Napa Valley.

A Meadowood room.


**MEADOWOOD NAPA VALLEY**

There are few places on the planet as synonymous with viticulture as California's Napa Valley. And this sprawling property, which encompasses an award-winning golf program, two croquet lawns, Michelin-star locavore cuisine and a comprehensive fitness program, is the embodiment of the region's offerings for discerning travelers. Among the many stellar standout amenities at the 85-room hideaway is the all-suite spa. Here guests are treated to an intimate adventure in pampering. The three-and-a-half-hour From The Vines treatment features antioxidant-rich grape extracts in a massage and facial (room rates start at \$750 a night; [meadowood.com](http://meadowood.com)).